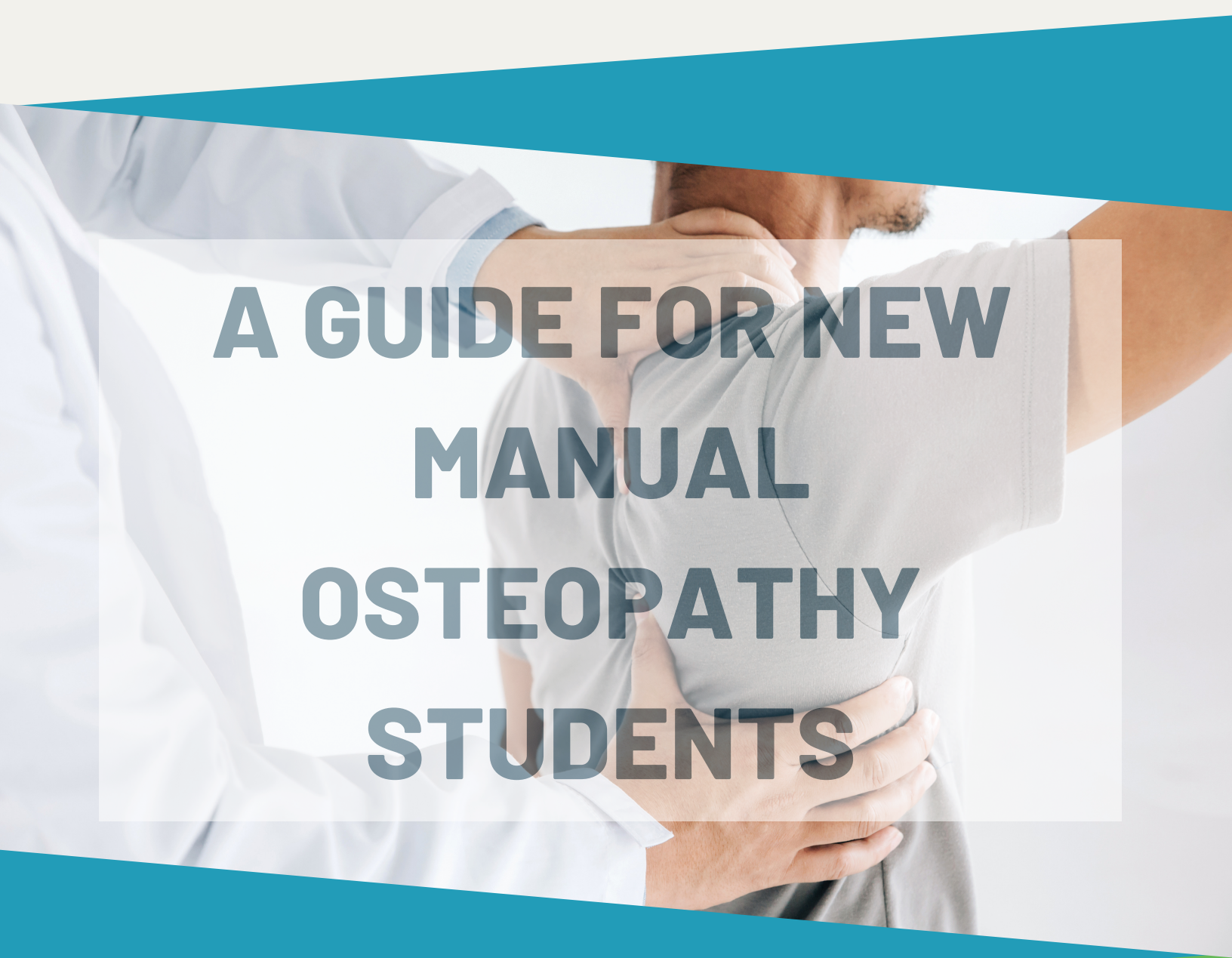


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Manitoba Association of
Osteopathic Manual Therapists



**A GUIDE FOR NEW
MANUAL
OSTEOPATHY
STUDENTS**

308 Morley Ave, Wpg,
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www.osteopathymanitoba.com



About the MAOMT

The Manitoba Association of Osteopathic Manual Therapists (MAOMT) is a voluntary not for profit professional association that was established in 2016 by a group of osteopathic Manual Therapists.

Purpose

The purpose of the MAOMT is to establish and uphold important standards of practice for safe, ethical, and effective manual osteopathic treatment in Manitoba, be a resource to the general public regarding the practice of Osteopathy, and organize continuing education programs to advance the knowledge of Osteopathy in the province.



The MAOMT Roles are



- The MAOMT is committed to promoting the safest and highest level of osteopathic manual practice in the province of Manitoba.
- To develop and maintain standards of practice for the ethical, safe and effective practice of osteopathy by members in Manitoba.
- To be a representative and seek support in Manitoba for the enactment of legislation by the provincial government to regulate osteopathy by non-physician manual therapists of osteopathy in Manitoba.
- To advocate and represent the members in Manitoba in ethical, safe and effective osteopathic health care to the government and other professional organizations and health institutions.
- To provide osteopathic continuing education programs to enhance the osteopathy knowledge in Manitoba
- To promote the common interest and activities of the members in Manitoba



General Information



What is a professional association?

When there isn't a regulated college, the professional associations act in lieu of a college. Associations have two roles: To advocate for the members and the profession. And to protect the public from any potential harm from Osteopathy.

What does the MAOMT do?

The MAOMT ensures the public and each insurance company that each of our members meet our educational standards. The association also ensures that our Standard of Practice, code of ethics are met. The MAOMT also sets guidelines and policies to ensure that each of our osteopathic manual therapists practice in the best interest of the patients.



Is Osteopathy Regulated?



Osteopathy is not regulated at this time. What this means is there are minimal boundaries to protect the profession. This is why the MAOMT tries to ensure certain standards of the profession so we are recognized as legitimate profession.

The Standard, CSA Z16686:20, Osteopathic Healthcare Provision was developed in 2020. It is an adoption, with deviations for the Canadian context, of the identically titled CEN (European Committee for Standardization) EN 16686 first published in 2015. <https://www.cen.eu/news/brief-news/Pages/News-2016-008.aspx> It has been developed in compliance with the Standards Council of Canada (SCC) requirements for National Standards of Canada.

The Canadian Federation of Osteopaths (CFO) is currently working on how to show competencies to this standard and to transition educational institutes to reach the level of educational requirements to meet this national standard.



Association structure and finances



Association Structure:

The association is made up of four parts: members, board of directors, committees and working groups. The members make up the board, committees and working groups in a volunteer capacity. At times there are additional volunteers outside of the membership body.

Board of Directors:

The work of the association is done by the Board of Directors.

The Board includes a minimum of three people on the board.

Currently there are 6 members on the board in the roles of: president, vice-president/learning liasion, secretary, treasure, CFO liasion, and membership liasion.

The board is responsible for developing the by-laws, standards of practice, code of ethics, language standards, guidelines and association policies.

The board is also responsible for making decisions that best serve to protect the public interest and help improve the quality of osteopathic care in the province. The board meets monthly from September to June.



Committees and working groups:

The number of committees and working group are determined by the needs of the members and the board of directors. Currently the committees and working groups are:

Ethics/complaints Committee
Advertising and Professional Conduct Committee
Mentoring and community committee
Educational working group

Association finances:

The MAOMT is a not-for profit organization and is entirely funded by members, and hosting courses. The members vote on the budget and the board carries out tasks within the budget allotted by the members.

Are there other osteopathy organizations or resources?

The other organizations are:

- The Canadian Federation of Osteopaths (CFO) represents nine provincial and one territory associations across Canada, which are in the process of establishing the manual practice of osteopathy as a regulated profession, on behalf of their members, who are educated in the manual practice of osteopathy. <https://www.osteopathy.ca/en/>
- OIA (Osteopathic International Alliance) The Osteopathic International Alliance exists to ensure that every person worldwide has access to high-quality osteopathic healthcare <https://oialliance.org/>
- EFFO (European Federation & Forum for Osteopathy) The European Federation & Forum for Osteopathy promotes standards, regulation and recognition for osteopaths in Europe. <https://www.effo.eu/>



MAOMT Requirements to practice



Education Requirements:

All active members of the MAOMT are required to meet or exceed the highest standards of education and training in the industry according to the World Health Organization's 2010 Benchmarks in Training for Osteopathy as well as The Standard, CSA Z16686:20, Osteopathic Healthcare Provision.

To become an active member of MAOMT, osteopathic manual therapists must meet the following criteria:

1. Proof of graduation from one of the schools approved and recognized by the Ontario Association of Osteopathic Manual Practitioners (OAO). The OAO promotes the highest standard of osteopathic education and training to meet the requirements prescribed by the World Health Organization, including:
 - Full time program: a minimum of 4,200 hours of classroom education (a minimum of four years), or
 - Part time program: prior healthcare training/title in addition to a minimum of 4 years of osteopathic education at a recognized school, and
 - Mandatory in-class training, supervised clinical hours (hands-on training in palpation from a skilled, professional osteopathic manual practitioner) and competency evaluations.

Note: Online schools are not considered approved schools.

Approved schools can be found here:

<https://osteopathyontario.org/site/join/becomeamember-apply>

2. Proof of current valid professional liability insurance to a minimum of \$5,000,000
3. Be an affiliate member of the Ontario Association of Osteopathic Manual Practitioners (OAO)
4. Adhere to the continuing education requirements of the Ontario Association of Osteopathic Manual Practitioners (<http://www.osteopathyontario.org/>)
5. Current Standard First Aid Level C or higher with a CPR/AED component.
6. Vulnerable Sector Check (dated within six months of the application submission date)

Continuing Professional Development (CPD)

The CPD policy is designed to ensure that the members maintain the knowledge, skill and judgment required to:

- (a) practice the profession in accordance with the core competencies, standards of practice and ethics set by the MAOMT, and
- (b) provide safe practices of osteopathy to the public.

The CPD policy also serves to distinguish MAOMT members from other osteopathic manual therapists. The CPD policy shows that our members are committed to lifelong learning and the continuing evolution of our professional practice.



CPD requirements:

Completing a minimum of 75 Continuing Education Units (CEU's) over the course of a three-year period called a CEU Cycle.

There are two categories of activity that are eligible for CEUs:
Category A – Approved Activities, Professional Development and Academic Programs
Category B – Business Development

Members must obtain 80% (60 CEUs or more) of their 75 CEUs from Category A each CEU Cycle.

Complaints and Ethics Inquiry Process

The complaints and ethics inquiry process ensures that there is a transparent and fair process to receive, investigate to official complaints or inquiries about the professional conduct, capacity and competence of our osteopathic manual therapists. More information to assist members and the public in understanding our our complaints and ethics inquiry process can be found on the 'Ethics inquiries and complaints' page of our website. www.osteopathymanitoba.org



Rules that apply to the osteopathic manual practice

There are many rules in place to help self-govern the practice of osteopathic manual therapists in Manitoba. Rules can take form as legislation, regulations, by-laws, standards of practice and code of ethics.

Legislation:

Legislation is another word for law, but can also be known as acts or statues. Some of the more common acts that impact osteopathic manual therapists in Manitoba, include:

The Regulated Health Professions Act
The Personal Information Act
The Health Care Directives Act

The Personal Information Protection and Electronic Documents Act(PIPEDA)
The Apology Act

THE REGULATED HEALTH PROFESSIONS ACT (C.C.S.M. c. R117) College of Physicians and Surgeons of Manitoba General Regulation

Because our profession currently is not regulated, osteopathic manual therapists can not perform any reserved act within the regulated health professions act.

Protected and Reserved Titles:

In Manitoba we can **NOT** use the titles listed below as they are protected/reserved titles as per the regulated health professions act.

“osteopath”, “osteopathic doctor”, “doctor of osteopathy”, “doctor of osteopathic medicine” nor the abbreviation “DO”. “osteopathic physician” “osteopathic practitioner”, “practitioner of osteopathy”, “osteopathic medical practitioner” or “practitioner of osteopathic medicine”

We **CAN** use the terms/phrases:

Osteopathic Manual Therapist
Osteopathy

That we practice manual osteopathy

Even though the profession of osteopathy derives from osteopathic medicine, it does not mean we can use that language legally in our province.

For all the language do's and don'ts that information is provided in the language standards document which is located in the members portal section of our website.



By-Laws

By-laws were made by the board of directors of the MAOMT and define the internal working of the association. There are by-laws that apply to the:

Administration of the association (management and finances of the association)

Membership Conditions (definitions, classes of memberships, terms of membership, dues, termination, etc...)

Assembly of the association (meetings, elections, quorum, terms, etc...)

Standards of Practice

Standards of practice describe the expectation of members related to the professional practice. Members are expected to meet those standards of practice. The Standards of practice can be found on the associations website.

Code of Ethics

In addition to following the laws, respecting the reserved acts, By-Laws and standards of practice, osteopathic manual therapists are also accountable to practice ethically. The Code of Ethics describes the values that guide osteopathic manual therapists in making ethical choices that are in the best interest of their patients. Members are expected to apply all these values in every aspect of their professional practice. The code of ethics can be found on the associations website.

Language Standards

The purpose of the language standards is to provide a manual osteopathy language template and legend for MAOMT members. The intent is to explore 'best language practices' with regards to how we describe what we do as a profession within the context of: (1) Manitoba Laws (2) our professional 'lane' within the larger health care environment and (3) MAOMT Standards of Practice and Code of Ethics.

Requirements for ongoing membership

Each time an individual applies for membership (initial, renews membership, re-instates to active membership) the association will ensure each individual meets the requirements for membership.



Professional Liability Insurance

Each members (including student members) is required to hold professional liability insurance to a minimum of \$5,000,000. Professional liability insurance is intended to protect patients and osteopathic manual therapists from potential issues that occur out of the practice of Osteopathy.

Student Liability Insurance is very important when practicing techniques or treatments being learned while in school. It is to protect the student and the person that is been practiced on.

Ensuring ongoing Professional conduct and Practice

On each renewal form, the association collects information about each member's professional conduct in a form of a declaration. This includes any disciplinary issues related to the membership or licensure in any other profession or in a jurisdiction outside of Manitoba. This information is provided by the member and members are required to sign the declaration as to the truthfulness of the information given. This declaration should not be taken lightly as it is professional misconduct to provide false information to the association. The information provided by the member will be considered as to whether it will have any effect on the member's ongoing membership with the MAOMT.

Classes of Membership

The association has different categories of membership which include: Active membership, inactive membership and student membership. The requirements for each membership and the terms, conditions and limitations of each class are outlined in the By-laws of the association.

Annual Membership Renewal

All members must renew their membership by April 1st of each year if they wish to continue their membership. If they no longer wish to hold membership to the association, each individual must notify the association.

The treasurer shall send notification prior at least 30 days prior to the renewal date of April 1st. There a 30 day grace period for late membership fees but will be subject to a 20% late fee. Any fees that not received by April 30th will be considered a suspension of membership.



New Active Membership Fees

Each membership year is considered April 1st to March 31. If new active membership occurs a different part of the year then there are is a pro-rated fee that are broken down into quarter fees of the annual fees. (Quarters: January to March, April to June, July - September, October to December) Ex:) if membership starts in December it is based on the rate of 2 pro-rated quarters, where as January membership is only one quarter.

Student Member Fees (non-voting member)

Each student membership is \$75 per year. There is no pro-rated options with student membership.

Why Become a Student Member?

- **Support and be part of your local association**
- **Receive MAOMT newsletters**
- **Discount for MAOMT courses**
- **Invite to the AGM**
- **Be up to date on what is happening with your future profession of Osteopathy in Manitoba**
- **Access to the member documents (by-laws, standards of practice, code of ethics, past communication, etc....)**

What steps are needed to become a student membership?

1. **Get your student liability insurance**
2. **Fill out the membership form (located on the 'become a member' page of our website or email: treasurer@osteopathymanitoba.org)**

Once accepted as a member you will receive:

Access to the member portal of the website where all the documents and past communications are housed. (The portal invitation must be accepted in order to access the portal)



To achieve optimal professionalism



- Get informed; stay informed. Visit the association website, learn the by-laws, standards of practice, code of ethics, language standards, learn what resources are available and check in regularly on the MAOMT member portal to see what is new.
- Stay connected - To prevent drift and disengagement for sole practitioners make sure to keep in touch with other colleagues, discuss professional issues, share the load and learning.
- Know the boundaries and stay within them; maintain boundaries and professionalism; understand the concept of a therapeutic relationship and the power imbalance that exists between you and your patient; manage that relationship professionally, appropriately and with the utmost respect; adhere to the associations code of ethics and standards of practice. There are some freedoms in decisions but there are also some absolutes.
- Adopt a risk management approach - Consider and balance the risks and benefits; be prepared to justify your actions; act in the best interests of patients; adopt the reasonable person concept; use an evidence based information approach; use the biopsychosocial model.
- Accept accountability - as an independent therapist, the accountability is on you; be reasonable and proactive for your patients, yourself and support personnel.
- Use your best judgement - learn to reason and how to navigate and maintain professionalism at all times. Things are barely black and white, the ability to reason is the mark of any professional.
- Continue to learn and grow - there is never a time that we truly finish learning.
- Remember you are not truly alone - You may be accountable as a professional but you don't have to do it alone. Reach out and ask for help; stay in touch with colleagues (not just osteopathic manual therapists), contact the association.
When in doubt ASK.



Who do you contact if you have questions?

Please contact the MAOMT with any questions in regards to osteopathy, applying for new membership, or member inquiries.

For new membership information please contact: the treasurer at treasurer@osteopathymanitoba.org

Once a member, for general member inquiries please contact our membership liaison at membership@osteopathymanitoba.org

For educational inquiries of upcoming courses or events please contact our learning liaison at learning@osteopathymanitoba.org

For any ethics inquiries please contact the ethics chair at ethics@osteopathymanitoba.org

For questions directed to the president please contact the president at president@osteopathymanitoba.org

All other general inquiries can go to the admin contact at admin@osteopathymanitoba.org



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**We wish you success on your
educational journey.**

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